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## When Are Classes Offered?

**October 16**  
**Wednesday, 12:30-4:00 p.m.**  
**Sauk County**

**November 13**  
**Wednesday, 12:30-4:00 p.m.**  
**Columbia County**

**December 18**  
**Wednesday, 12:30-4:00 p.m.**  
**Sauk County**

**January 8**  
**Wednesday, 12:30-4:00 p.m.**  
**Columbia County**

**February 12**  
**Wednesday, 12:30-4:00 p.m.**  
**Sauk County**

**March 18**  
**Wednesday, 12:30-4:00 p.m.**  
**Columbia County**

If you are not able to participate in person, you may participate via Zoom, which is a live, online link that runs simultaneously.

Requirements for using an online Zoom link are posted on the website.

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Extension Columbia County  
112 East Edgewater St., Room 212  
Portage, WI 53901  
<http://columbia.extension.wisc.edu>

Extension Sauk County  
505 Broadway, Room 334  
Baraboo, WI 53913  
<http://sauk.extension.wisc.edu>

Amanda Coorough  
Human Development Educator  
(608) 963-1040  
[amanda.coorough@wisc.edu](mailto:amanda.coorough@wisc.edu)  
[@wisc.edu](mailto:@wisc.edu)

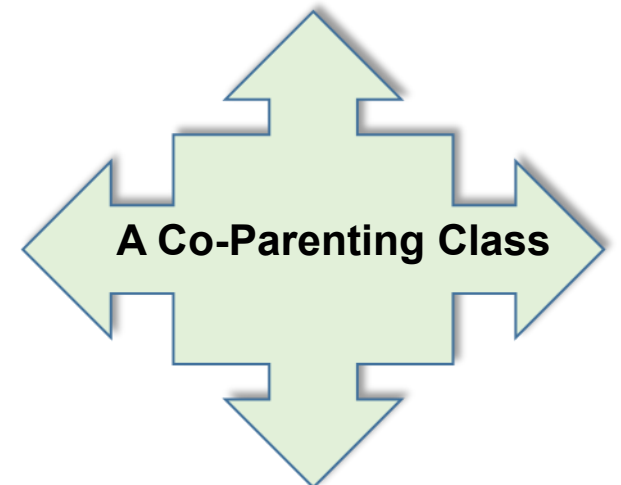
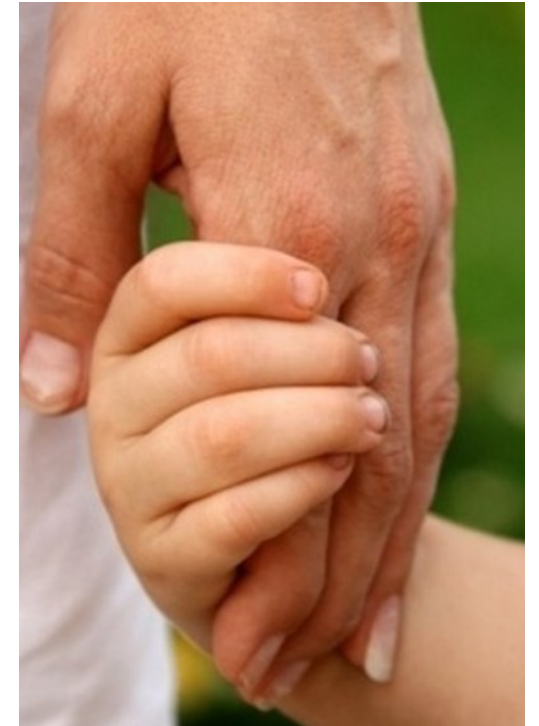
*Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed.*

*If you need an interpreter, materials in alternate formats or other accommodations to access this program, activity or service, please contact the Human Development Educator as soon as possible (3 weeks is reasonable) preceding the scheduled event so that proper arrangements can be made in a timely fashion.*



**Extension**  
UNIVERSITY OF WISCONSIN-MADISON  
COLUMBIA COUNTY  
SAUK COUNTY

## PARENTS FOREVER





To be in your children's  
memories tomorrow,  
you have to be in their  
lives today.

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## Why This Course?

***Parents Forever*** will help you understand the role self-care plays in supporting transition, how to build better parent-child relationships with your kids to help them through transition, and then you'll explore co-parenting and skills that will successfully form a parenting partnership with your child(ren)'s other parent.

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## How do I register for Parents Forever?

**Register Online:** Go to <https://columbia.extension.wisc.edu/> and locate the Parents Forever link to register.

If you are considering using the online Zoom link, please review "Before You Register" on the website before registering.

**Register by Phone:** You will need to supply your name, mailing address, e-mail address, phone number, and the class you plan to attend.



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## Before You Attend

The program has a \$15.00 fee for course materials. Please make payment prior to the class.

If you are taking the class via the online Zoom link, you will need to send the fee, plus an additional \$7.85 for postage, at least *one week before the class* to ensure that you receive course materials before the class. Review "Before Class Starts" on the website.

If we have not received payment before the class, registration is not guaranteed.

## After You Attend

Upon completion of the program, you will receive two certificates of completion—one for your records and one to provide to the court.

Parents will receive a newsletter, "Common Ties," after they complete the program.

Approximately one month after the program, you will be sent a follow-up survey.

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