### Groundwater and Well Water Education Program Towns of Lodi and West Point



**University of Wisconsin-Stevens Point** 

College of Natural Resources



University of Wisconsin-Extension

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# **Today's presentation**

- Groundwater Basics: Where does my water come from
- Well Construction
- What do my individual test results mean?
- General groundwater quality in the Towns of Lodi and West Point
- o Improving your water quality







### **Groundwater Movement**







### Groundwater flow direction:

Moves from high water table elevation to lower where it eventually discharges to lakes, rivers and streams.



Plate 1. Water-table map of Columbia County, Wisconsin, 1974.

### Groundwater flow direction:

Moves from high water table elevation to lower where it eventually discharges to lakes, rivers and streams.

Groundwater Basics: Where does my water come from?	How does your water quality compare? Look for data in your area	Learn about well construction	Interpret my water test results	How to improve my water quality	Who to contact if I need additional assistance	Extension Watershed Sciencess
What is Groundw	vater? Waters	heds of Wisconsin	Aquifers: Our grou storage uni	indwater ts	Factors that affect groundwater quality	Better Homes and Groundwater

### Aquifers: Our groundwater storage units

Aquifers are geologic formations that store and transmit groundwater.

The aquifer properties determine how quickly groundwater flows, how much water an aquifer can hold and how easily groundwater can become contaminated. Some aquifers may also contain naturally occurring elements that make water unsafe.



Water and contaminants can move quickly through cracks and fractures.



Water moving through tiny spaces in between sand particles or sandstone moves slower and allows for filtration of some contaminants.

Wisconsin's geology is like a layered Learn more about Wisconsin's geologic past by clicking the aguifer names cake. Underneath all of Wisconsin lies Sand and the Crystalline bedrock which does gravel Eastern not hold much water. Think of this Dolomite layer like the foundation of your house. All groundwater sits on top of ↑ Youngest this foundation. Groundwater is stored Sandstones in the various sandstone. dolomite and dolomite and sand/gravel aquifers above the crystalline bedrock layer. The layers are arranged in the order which they formed, oldest on the bottom and Crystalline bedrock youngest on top. Oldest **Diagram courtesy of WGNHS** 







### water basics

> "Universal Solvent"

### Naturally has "stuff" dissolved in it.

 Impurities depend on rocks, minerals, land-use, plumbing, packaging, and other materials that water comes in contact with.

### Can also treat water to take "stuff" out



### Interpreting Drinking Water Test Results

Tests important to health:

- Bacteria
- Sodium
- Nitrate
- Copper
- Lead
- Triazine
- Zinc
- Sulfate
- Arsenic

Tests for aesthetic (taste,color,odor) problems:

- Hardness
- Iron
- Manganese
- **Chloride**

Other important indicator tests:

- Saturation Index
- Alkalinity
- Conductivity
- Potassium

**Red** = human-influenced **Blue** = naturally found

## **Health Concern Categories**

### **Acute Effects**

 Usually seen within a short time after exposure to a particular contaminant or substance.

(ex. Bacteria or viral contamination which may cause intestinal disease)

### **Chronic Effects**

- Result from exposure to a substance over a long period of time.
- Increase risk of developing health complications later in life.

(ex. Arsenic or pesticides can increase the risk of developing certain cancers)



Chronic related health concerns are generally about risk management	Viruses & Infection: 10% Diet: 30-35% Unknown: +5% Alcohol: 3-4% Industrial Occupations: 4% Environmental Pollution: 2% Family History: 2% Food Additives: 1%		
Being struck by lightning	0.16 in 1,000 chance.		
0.010 mg/L of arsenic in drinking water.	3 out of 1,000 people likely to develop cancer.		
2 pCi of indoor radon level.	4 out of 1,000 people likely to develop lung cancer. <sup>1</sup>		
2 pCi of indoor radon combined with smoking.	32 out of 1,000 people could develop lung cancer. <sup>1</sup>		

Drinking water quality is only one part of an individual's total risk.

<sup>1</sup>http://www.epa.gov/radon/healthrisks.html

National Cancer Risk Factors with Percentages

### Private vs. Public Water Supplies

### **Public Water Supplies**

Regularly tested and regulated by drinking water standards.

### **Private Wells**

- Not required to be regularly tested.
- Not required to take corrective action
- Owners must take special precautions to ensure safe drinking water.



## Why do people test their water?

- Installed a new well
- Change in taste or odor
- Buying or selling their home
- Plumbing issues
- Want to know if it's safe to drink.



# **Coliform bacteria**

- Generally do not cause illness, but indicate a pathway for potentially harmful microorganisms to enter your water supply.
  - Harmful bacteria and viruses can cause gastrointestinal disease, cholera, hepatitis
- Well Code: "Properly constructed well should be able to provide bacteria free water continuously without the need for treatment"
- Recommend using an alternative source of water until a test indicates your well is absent of coliform bacteria
- Sources:
  - Live in soils and on vegetation
  - Human and animal waste
  - Sampling error





### If coliform bacteria was detected, we also checked for e.coli bacteria test

- Confirmation that bacteria originated from a human or animal fecal source.
- E. coli are often present with harmful bacteria, viruses and parasites that can cause serious gastrointestinal illnesses.
  - Any detectable level of E.coli means your water is unsafe to drink.

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ed States Department of Health and Human Services – Centers for Disease Control and Information Sources: Unit

	Contaminants	Sources	Symptoms
	BACTERIA		
	Escherichia coliform (E. coli) Salmonella Campylobacter E. coli 0157 (Requires a special water test for detection. Causes similar, but more serious illness than other E.coli strains. Requires medical treatment.)	<ul> <li>Infected human and animal feces</li> <li>Manure</li> <li>Septic systems</li> <li>Sewage</li> </ul>	<ul> <li>Gastrointestinal illness</li> <li>Low-grade fever</li> <li>Begins 12 hrs - 7 days after exposure</li> </ul>
ited states chylronmentar Protection Agency (www.epa.gov)	Leptosporidia MICROSCOPIC PARASITES	<ul> <li>Urine of livestock, dogs and wildlife</li> <li>Manure</li> </ul>	<ul> <li>High fever, severe headache and red eyes</li> <li>Gastrointestinal illness</li> <li>Begins 2-28 days after exposure</li> </ul>
	Cryptosporidia Giardia VIRUSES	<ul> <li>Infected human and animal feces</li> <li>Manure</li> <li>Septic systems</li> <li>Sewage</li> </ul>	<ul> <li>Gastrointestinal illness</li> <li>Begins 2-14 days after exposure</li> </ul>
	Norovirus	<ul> <li>Infected human feces and vomit</li> <li>Septic systems</li> <li>Sewage</li> </ul>	<ul> <li>Gastrointestinal illness</li> <li>Low-grade fever &amp; headache</li> <li>Begins 12-48 hrs after exposure</li> </ul>
	Nitrate	<ul> <li>Fertilizers</li> <li>Manure</li> <li>Bio-solids</li> <li>Septic systems</li> </ul>	Methemoglobinemia or "Blue Baby Syndrome" – No documented cases in Door County, but elevated nitrate levels in well water may indicate risk of contamination by additional pathogens.
Prevention (www.cdc.gov) and Un	Atrazine (trade-name herbicide for control of broadleaf and grassy weeds)	Estimated to be most heavily used herbicide in the U.S. in 1987/89, with its most extensive use for corn and soybeans in the Midwest, including WI. In 1993, it became a restricted-use herbicide nationally. U.S. EPA set a max. contaminant level (MCL) at 3 parts per billion for safe drinking water.	Short-term exposure above the MCL may cause: congestion of heart, lungs and kidneys; low blood pressure; muscle spasms; weight loss; damage to adrenal glands. Long-term exposure above MCL may cause: weight loss, cardio- vascular damage, retinal and some muscle degeneration; cancer.

### Well Construction





Photos courtesy of: Matt Zoschke





# Some Common Pathways for Bacteria to Enter Your Water System



#### Photo: Sandy Heimke, WI DNR

AQUIFER CONTAMINATION THROUGH IMPROPERLY ABANDONED WELLS



Comm 82.40(8)(c)2., Wisconsin Administrative Code prohibits the installation of a yard hydrant with a below ground discharge. The code reads:

#### "Stop and waste-type control valves may not be installed underground."

This type of hydrant, with a below ground discharge is popular because of the ease of operation and the relative low cost.



The plunger (control valve) is located below the frost line. When the handle is lifted water enters the riser and flows through the head. A drain at the same level as the plunger allows water in the riser and the head to drain each time the handle is lowered. This draining action prevents freezing temperatures from causing the water in the hydrant riser or head to expand and burst the device. If a hose connected to the hydrant without a hose connection vacuum breaker were submerged in a barrel, the entire contents of the barrel could be siphoned through the drain port and could contaminate the groundwater or even your drinking water supply

If you have further questions, please check the Commerce website at: http://commerce.wi.gov/SB/SB-PlumbingProgram.html

- or, contact your local plumbing inspector
- or , contact one of the consultants listed



- District # Name Phone/fax 1 Tim Joyce 608-235-0557 / 608-283-7454 2 Tom Braun 715-540-5387 / 608-283-7455 3 Don Oremus 715-584-2007 / 608-283-7452
- 4 Don Hough 715-634-4804 / 608-283-7451 5 Ryan Boebel 608-412-3998 / 608-283-7449

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#### What does an approved yard hydrant look like?



There's no "one" answer for a code-compliant yard hydraat. Many manufacturers produce models that are code compliant. When you buy a hydrant, make sure that it has an approved hose connection vacuum breaker and does not include an underground drain.

And if you install a bose connection vacuum breaker on a yard hydrant make sure you loosen it during the winter to prevent freezing conditions from bursting the hydrant.

If you find a model that you have questions about, contact the department or your local plumbing inspector.



# What should I do if coliform bacteria was present?

- 1. Use alternative source of water for drinking
- 2. Retest
- 3. Try to identify any sanitary defects
  - Loose or non-existent well cap
  - Well construction faults
  - A nearby unused well or pit
  - Inadequate filtration by soil
- 4. Disinfect the well
- 5. Retest to ensure well is bacteria free.
- For reoccurring bacteria problems the best solution may be a new well or if new well is unlikely to remedy the problem because of geology, may seek approval for treatment.

# Rock and Soil Impacts on Water Quality

## **Tests for Aesthetic Problems**

### Hardness

- Natural (rocks and soils)
- Primarily calcium and magnesium

 Problems: scaling, scum, use more detergent, decrease water heater efficiency





# Water Softening

Water softeners remove calcium and magnesium which cause scaling and exchange it for sodium (or potassium).

- Negative: Increases sodium content of water.
- Suggestions:
  - Bypass your drinking water faucet.
  - Do not soften water for outdoor faucets.
  - If you are concerned about sodium levels – use potassium chloride softener salt.



# **Tests for Overall Water Quality**

- Alkalinity ability to neutralize acid
- Conductivity
  - · Measure of total ions
  - can be used to indicate presence of contaminants (~ twice the hardness)
- **pH** Indicates water's acidity and helps determine if water will corrode plumbing



# Tests for Overall Water Quality Saturation Index



Corrosion occurs



Scaling occurs







# Nitrate-Nitrogen

### Health Effects:

- Methemoglobinemia (blue baby disease)
- Possible links to birth defects and miscarriages (humans and livestock)
- Indicator of other contaminants

### Sources:

- Agricultural fertilizer
- Lawn fertilizer
- Septic systems
- Animal wastes



## Test Important to Health

### Nitrate Nitrogen

- Greater than 10 mg/L Exceeds State and Federal Limits for Drinking Water
- Between 2 and 10 mg/L Some Human Impact
- Less than 2.0 mg/L "Transitional"
- Less than 0.2 mg/L "Natural"







# What can I do to reduce my nitrate levels?

### Solution:

 Eliminate contamination source or reduce nitrogen inputs

Short term:

- Change well depth or relocate well
- Carry or buy water
- Water treatment devices
  - Reverse osmosis
  - Distillation
  - Anion exchange

# Tests for Aesthetic Problems

### Chloride

- Greater than 250 mg/l
  - · No direct effects on health
  - · Salty taste
  - Exceeds recommended level
- Greater than 10 mg/l may indicate human impact
- Less than 10 mg/l considered "natural" in much of WI
- Sources: Fertilizers, Septic
   Systems and Road Salt



250 mg/l



# Test Important to Health

## Arsenic

**Sources:** Naturally occurring in mineral deposits

Standard: 0.010 mg/L (10 ppb)

### Health Effects:

- Increased risk of skin cancers as well as lung, liver, bladder, kidney, and colon cancers.
- Circulatory disorders
- Stomach pain, nausea, diarrhea
- Unusual skin pigmentation



SOURCES: Well Water Qualitiy Viewer, University of Wisconsin-Stevens Point's Center for Watershed Science

and Education; Wisconsin Department of Natural Resources "Arsenic in Drinking Water" brochure.



# **Tests for Aesthetic Problems**

### Iron

- Natural (rocks and soils)
- May benefit health
- Red and yellow stains on clothing, fixtures
- If iron present, increases
   potential for iron bacteria
  - · Slime, odor, oily film



Greater than 0.3 mg/L

Aesthetic problems likely

Less than 0.3 mg/L



# Test Important to Health

# Copper

- Sources: Copper water pipes
- Standard: Less than 1.3 mg/L is suitable for drinking



### Health Effects:

- Some copper is needed for good health
- Too much may cause problems:
  - · Stomach cramps, diarrhea,
  - · vomiting, nausea
  - Formula intolerance in infants

# Test Important to Health

### Lead

**Sources:** Lead solder joining copper pipes (pre-1985) or brass fixtures

**Standard:** 0.015 mg/L (15 ppb)

### **Health Effects:**

- Young children, infants and unborn children are particularly vulnerable.
- Lead may damage the brain, kidneys, nervous system, red blood cells, reproductive system.







# Lead and Copper

### **Solutions:**

 Allow water to run for a minute or two before using for drinking or cooking

### or

 Use a treatment device, but generally not necessary



# **Pesticides in Drinking Water**

- Pesticides include: insecticides, herbicides, fungicides and other substances used to control pests.
- Health standards usually only account for parent compound.
- Parent compounds breakdown over time.
- Little research into health effects from the combination of chemicals..



### Most frequently detected pesticides in Wisconsin:

- Alachlor\* and its chemical breakdown products
- · Metolachlor and its chemical breakdown products
- Atrazine\*\* and its chemical breakdown products
- Metribuzin
- Cyanazine and its chemical breakdown products.

# Tests Important to Health

### **DACT Screen**

**Sources:** Triazine pesticides (mainly atrazine used on corn crops)

**DACT Screen:** Only measures the diaminochlorotriazine (DACT) residue levels of triazine type pesticides (atrazine, simazine, propazine, cyanazine, etc)

Specific to diaminochlorotriazine (DACT), does not account for parent compound or other breakdown components

Drinking water limit:

• **3 ppb of total atrazine** (atrazine + the 3 breakdown components)





## Improving water quality

### Long-term improvements

• Eliminate sources of contamination

### Short-term improvements

- Repair or replace existing well
- Connect to public water supply or develop community water system
- Purchase bottled water for drinking and cooking
- Install a water treatment device
  - Often the most convenient and cost effective solution

### understanding water treatment

### • Advantages:

- + Reduce level of contaminants and other impurities
- + Improve taste, color and odor

### • Disadvantages:

- Require routine maintenance.
- Can require large amounts of energy.
- Testing is often the only way to know it is functioning properly for most health related contaminants.

### • Cautions:

- Treatment methods often selective for certain contaminants
- Multiple treatment units may be necessary
- Treatment may also remove beneficial elements from water in the process.



# Where do you go from here: Recommended next steps

- Test well annually for bacteria, or if water changes color or clarity.
- If levels are elevated, test again in 15 months for nitrate.

Contact Info: Kevin Masarik Center for Watershed Science and Education 800 Reserve St. Stevens Point, WI 54481 715-346-4276 kmasarik@uwsp.edu www.uwsp.edu/cnr/watersheds Thanks to you and the following for helping sponsor this program:

- Towns of Lodi and West Point
- Columbia County UW-Extension
- Columbia County Land & Water Conservation Department

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