For more information contact:

LuAnn Olson UW-Extension Columbia County Administrative Building 112 E. Edgewater St. Portage, WI 53901 (608) 742-9688 711 for Wisconsin Relay luann.olson@ces.uwex.edu

Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as soon as possible prior to the program or activity so that proper arrangements can be made.

If you need an interpreter, materials in alternate formats or other accommodations to access this program, activity or service, please contact LuAnn Olson at (608) 742-9688 or luann.olson@ces.uwex.edu as soon as possible (3 weeks is reasonable) preceding the scheduled event so that proper arrangements can be made in a timely fashion.

2019 Session Dates and Times

January 8 & 15, 9~11 a.m.

January 9 & 16, 6-8 p.m.

February 5 & 12, 9~11 a.m.

February 6 & 13, 6~8 p.m.

March 5 & 12, 9~11 a.m.

March 6 & 13, 6~8 p.m.

April 2 & 9, 9~11 a.m.

April 3 & 10, 6~8 p.m.

May 7 & 14, 9~11 a.m.

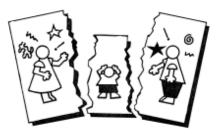
May 8 & 15, 6~8 p.m.

June 11 & 18, 9-11 a.m.

June 5 & 12, 6~8 p.m.

Children in the Middle

Based on *Parents Forever*™





Children in the Middle

Based on *Parents Forever*™

How will the Children in the Middle program help me and my family?

The Children in the Middle program teaches participants about possible effects of divorce and how parents can help themselves and their children work through this transition. Parents learn how to co-parent in ways that keep children out of the middle of the divorce. Parents also learn communication skills that can help make the divorce transition easier on everyone.

While this course is primarily designed for divorcing parents, the information also applies to parents who were never married and are coparenting a child. How does the Children in the Middle Program work?

Parents will attend two group sessions of two hours each for a total of four hours of class on Tuesdays (daytime) or Wednesdays (evening). You must attend both classes within the same month.

- We find it works out best when parents attend separate sessions and ask that each parent sign up separately. Contact LuAnn Olson at UW-Extension to discuss requests for parents to take the class together.
- To complete the course you must attend the four-hour course and complete the required activities.
- Upon completion of the course you will receive a certificate and a copy will be forwarded to the court.
- Parents will receive a newsletter, *"Common Ties,"* after they complete the program.

How do I register for Children in the Middle?

The program has a \$15.00 per parent fee. <u>Please make payment</u> <u>prior to the date of the first class</u>. (Scholarships may be available. Contact the UW-Extension office.)

To enroll, please contact LuAnn Olson UW–Extension Columbia County (608) 742-9688 luann.olson@ces.uwex.edu