

Changing With Today



Columbia County Association for
Home and Community Education

March 2018

President's Message

Greetings:

I spent three weeks in California City, California, with my grandson, Brandon, and his wife Reese. I also enjoyed three weeks of getting to know my 17-month-old great grandson, Jameson. Brandon is stationed at Fort Edwards Air Force Base. It hosts the Navy, Marines and Air Force. Brandon had to go to Alaska for three weeks, so I went to babysit Jameson when his mom worked at the ER. She works three 12-hour shifts.

On her days off Reese took me sightseeing. One day we drove to Bakersfield. It was a beautiful drive through the mountains. We also visited Murray Family Farms where you can pick your own fruit (whatever is in season at the time). They have small farm animals to feed and pet, and a fun store and restaurant to spend time. We also went to CALM—California's Living Museum). It is a premier native zoo that focuses on California native plants and animals. They take in animals that cannot live in the wild anymore.

Another day we went to Calico, a mining ghost town in the Calico mountains. The mountain has a great variety of colors—blue, red, gray, green, vermilion, brown and yellow. The mountain got its name from someone that thought it looked like calico material. Many of the old buildings have been restored, and they are now cute little shops. There are also some ruins of old buildings that are still there. It was a nice train ride through the mining area. The mines in Calico are extremely hazardous and must not be approached for any reason. They do have an area that is secure where you can walk in and see a little of what the mine is like.



(cont'd on page 2)



20 Mule Team

We did not get to Boron to visit the borax mines, an industry that employs many people in the area. It has one of the richest borate deposits in the world and supplies borate to over 1,000 countries. Borate was found in Death Valley and runs as far as the Mojave desert, which is where Boron is. In the 1800's, borax would be hauled by a twenty-mule team (where the detergent gets its name) to rail heads and would carry feed and supplies back to the mines. Borax is used in agriculture, ceramics, detergents, glass, insulation, nuclear energy, textile fiberglass, wood protections and biocides.

When Brandon got back home, we did a hike at Red Rock Canyon in the Mojave desert. The view was breathtaking.

This was a great visit with my family that I really enjoyed. As I write this I am back to Wisconsin's snow and cold, but very glad to be back home.

I also saw that Jimmy the Groundhog saw his shadow. Six more weeks of winter!

Kris Young, President



Dates to Remember/This and That

EXECUTIVE BOARD MEETING

Tuesday, March 20, 9:30 a.m., Rm. 115
Columbia County Administration Bldg., Portage

- **Club secretaries:** Remember to send in your affirmative action reports and local organization sheets. Thanks, LuAnn

Daylight savings time
Sun., Mar. 11, 2 a.m.



WELCOME NEW MEMBER!
Karla Atkinson, Circle Club



Getting three copies of this newsletter? To meet the minimum number of copies for bulk mailing prices, we need to total 200. With the HCE membership at about 140, extra copies are mailed to make up some of the difference. Hopefully, you can use the extra copies.



Columbia County Annual Club Financial Report for 2017

Enclosed in this newsletter is a form to report your club's income and expenses. Return to the county treasurer by March 31: Carol Beck, 5118 Merwood Lane, Madison, WI 53718



High school scholarship applications are due April 1.

HCE Healthy Lifestyle Survey

This survey, which replaces the "On the Move and in the Groove" reporting, has people confused. Donna Kohnke spoke to Veronica Sustar, Vice Pres. of Family and Community Life (state board) for some clarification, but it's still confusing.

So... Each club can interpret how they would like to report. Just include a note on the back of the form about how you recorded your results. Some clubs in the state have sent in their forms already; some are recording their activity/eating habits for the survey's specified time period.

However you decide to report, please send in the club's tallied report. It's better to report than not.

MEMBERSHIP/MARKETING

A few weeks ago, my husband's computer tried to do too many updates at once and crashed. Our files were okay, but we had to re-download Windows 10 and all our programs. Last week my computer updated and there was a glitch that turned off the USB ports, so I had no mouse or keyboard. My computer is now at the IT doctors. It does look like everything will have to be downloaded again – same result but different problems.

Each club can go through great times when everything is going well. Each club can go through times when things don't go so well. Some of the clubs have combined because their numbers are low. They are still vital and as alive as they want to be. Sometimes it helps to ask an outside person to come and see what they can see—"check up" from some other club or board member.

When we invite people to our group, we need to be honest about what is going on—not just how the people are, but also sharing the agenda of meetings and what "least coin" is and what it does as well as "Sunshine money." Your group may call it by different names but for a new person the learning curve can be steep.

Try to go to your next club meeting as if you didn't know anything. Could you even find where the meeting was? Could you understand what was going on in the meeting? People will come back if they are welcomed and informed and feel like they can fit in and belong. Those who are there can make a big difference in others coming by: 1) first inviting people; 2) translating for the new visitors; and 3) ask them what they are looking for in a group.

We had some visitors who said they had visited another HCE club and the club had a handout that explained the language and agenda and the things that the club did. Sounds like a winner, yet the person didn't go back. Even when we do everything right it doesn't always translate to 1 invitee = 1 new member. We need to keep asking people to come. We need to keep helping those that come understand what is so important that we give years of our lives to HCE.

Barb Kell, Marketing/Membership



YOUTH ENCOURAGEMENT

Each year the Columbia County HCE gives out Youth Encouragement Awards to young people who enter items in the Columbia County Fair. Up to 15 awards are given out in different areas, including knitting, crocheting, quilting, child development, home environment, clothing, foods and nutrition, and yeast breads. The awards consist of small purchased items that “fit” with the award area, such as embroidery scissors given to the winner in the crocheting category and a set of measuring spoons for the winner in a foods category.

A committee made up of a few Columbia County HCE members takes care of purchasing and



wrapping these items every year and making sure that they are labeled for each winner so they can be distributed by the Columbia County HCE President during the Fair Awards Ceremony.

The Youth Encouragement Awards Fund gets its money from donations from clubs and individuals in the county. The fund is now getting low, so we’re asking that you/your club consider a donation to the fund.

Please send the donations by June 1. Thank you for your continued support of this celebration of youth.



Donation to Youth Encouragement Awards Fund

Club/Individual: _____

Donation Amount: _____

Send checks made out to Columbia County HCE and marked “For the Youth Encouragement Fund” to your county treasurer:

Carol Beck
5118 Merwood Lane
Madison, WI 53718



2018 CULTURAL ARTS

Wisconsin Association for Home and Community Education, Inc.
2018 Cultural & Textile Arts Show

Entrants will not hold CCAHCE or WAHCE responsible for any loss or damage to any item submitted for use in the CCAHCE and/or WAHCE Cultural Arts shows. Entrants give permission for their photo, photos of their entry, and/or print copies of their written entry to be used by CCAHCE or WAHCE as seen fit.

Each county may enter up to 12 items, plus one bonus category item. An entry form must be filled out for the bonus item, also. The bonus category this year is “Spring Into Action!”

All work must be done by entrant and completed after last year’s show. It must receive a first place at this year’s county show. All items must be clean and laundered or will be disqualified by the judge. Kits and patterns may be used as long as the entrant does all the work.

Sticker awards were used at the WAHCE Cultural Arts show last year. We are going to try using stickers for our CCAHCE Arts show this year in place of ribbons. If you are a winner and would like to be awarded a ribbon, please let us know when you send in your registration.

The state conference is being held at The Country Springs Hotel, Pewaukee, September 17-19, 2018. We can take the county winners’ entries on Sunday evening, September 16, and/or Monday morning, but all need to be checked in together. Projects may be dropped off at the UW-Extension office to be collected and taken to the conference.

Note that the revised deadline for registering your cultural arts projects is **APRIL 16, 2018. No registrations will be accepted after this date!** Registration form is on page 9.

If you have any questions, contact either of the cultural arts co-chairs: Gertrude Stilson—(920) 623-5788 or gestilson@gmail.com
Cheryl Neef—(608) 429-3889 or centerrafarm@gmail.com



RENDEZVOUS

2018 Columbia County HCE Rendezvous and Cultural Arts Show and Contest

Date: April 24, 2018

Location: Savanna Oaks Community Center
100 Savanna Road
Fall River, WI 53932

Registration Deadline: April 16, 2018

Cost: \$15.00 (includes tax and tip)

Guest Speaker: Mary Nervig

Topic: Racism

Cultural arts projects should be checked in between
8:30-10:00 a.m.



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REGISTRATION FORM

2018 Columbia County HCE Rendezvous
And Cultural Arts Show and Contest

NAME: _____

PHONE: _____

ADDRESS: _____

CITY: _____ ZIP _____

CLUB/INDIVIDUAL: _____

Send check for \$15 with registration form by April 16, 2018 (check payable to Columbia County HCE) to: Carol Beck, 5118 Merwood Lane, Madison, WI 53718

SOUTHWEST WISCONSIN HCE

SPRING MEETING

MONARCHS & MORE



Wednesday, April 11, 2018

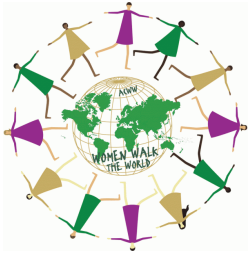
Iowa County Health & Human Services Building
303 W Chapel Street Dodgeville WI

AGENDA

- 9:30 am Registration and Iowa Cty Cultural Arts Viewing
- 10:00 am Opening Announcements & Business Meeting
- 11:15 am Essential Oils Make N Take
- Noon Cornish Pasty Lunch with salads, fruit, cheese tray, and desserts.
- 1:00 pm Monarch Butterflies: Biology & Conservation
with Amy Alstad, Driftless Area Land Conservancy
- 1:45 pm Introduction to Soap Making
- 2:30 pm Closing
- Cost: \$15.00

Reservations Due: ~~April 2, 2018~~ March 26, 2018

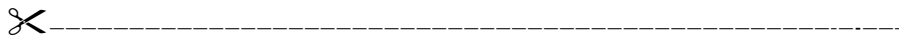
If you are interested in attending, mail your check, payable to Columbia County HCE, to CCAHCE Treasurer, Carol Beck, 5118 Merwood Lane, Madison, WI 53718. Include a note that your check is for the SW Wisconsin HCE spring meeting. Carol Beck will send in registrations for all the Columbia County attendees.



Women Walk the World Day
 in aid of
Associated Country Women of the World
 Sunday, April 29, 2018

Every year in April, ladies from all over the globe come together for a very special event—Women Walk the World. This encourages everyone to get out and spread the word of ACWW’s good work and raise valuable funds by means of sponsorship. Of course it also provides a fantastic social activity too. Children, dogs, and even husbands can be included!

More information about Women Walk the World will be in April’s edition of *Changing With Today*.



REGISTRATION FORM
CULTURAL ARTS

NAME: _____

PHONE: _____

ADDRESS: _____

CITY: _____ ZIP _____

CLUB/INDIVIDUAL: _____

Send before **April 16, 2018**, along with your category sheet. **No registrations will be accepted after this date.**

Gertrude Stilson
 73 Parkview Circle
 Columbus, WI 53925



**Rendezvous Committee
 & speaker Phil Ryan**

Rendezvous 2008



Winners for the Day

2018 HCE Executive Board

Kris Young, President
Liz Miller, Vice President, President Elect
Kay MacLeish, Past President
Barb Kell, Membership/Marketing
Linda Krejchik, Secretary
Carol Beck, Treasurer
Margo Holzman, International Coordinator
Linda Heckel, Education Program Coordinator
Dorothy Neitzel, "Changing with Today" Editor
Cheryl Neef, Cultural Arts
Gertrude Stilson, Cultural Arts, Barn Quilts Committee
Bobbie Goodman, Fund-raising
Chris Berger, Fund-raising
Donna Kohnke, Fund-raising
Donna MacLeish, Scholarship
Dorothy Neitzel, Scholarship
Donna Kohnke, Education Community Outreach Coordinator
Marie Gabris, Wisconsin Bookworms™
Donna MacLeish, Wisconsin Bookworms™
Avis Link, Sunshine
Linda Heckel, Caledonia/Portage/WI Dells/ Lewiston Center Chair
Beth Hahn, Cambria Center Chair
Elsie Taylor, Columbus/Fall River Center
Cheryl Neef, Pardeeville Center Chair
Kris Young, Poynette/Lodi Center Chair



Agriculture, Extension, Land & Water Conservation

Committee provides oversight to UW-Extension:

Mike Weyh (chair) 608-742-2314
 JoAnn Wingers (vice chair) 608-348-5837
 John A. Stevenson 608-516-1528
 Tim Zander 608-948-8216
 Steve Attoe (secretary) 608-445-6893

UW-Extension Columbia County Family Development Staff

Pat Wagner, Interim
 Phone: 608-742-9686
pat.wagner@ces.uwex.edu
 Homepage: <http://columbia.uwex.edu>

LuAnn Olson, Administrative Assistant
 Phone: 608-742-9688
luann.olson@ces.uwex.edu



UW-Extension Columbia County Office Staff

Jennifer Evans, Administrative Assistant
 Caitlin Richardson, FoodWise Program Coordinator
 Kathleen Haas, Communities Extension Educator
 George Koepp, Agriculture Extension Educator
 Pat Wagner, 4-H Program Assistant
 Vacant, Youth & Family Extension Educator—Youth Development

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Family Development
 Administration Building
 112 E. Edgewater Street, Room 212
 Portage, WI 53901
 (608)742-9680
 711 for Wisconsin Relay

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