



4-H Youth Development  
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711 for Wisconsin Relay

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# ROLLING IN CLOVER

Columbia County 4-H Family Newsletter



**February/March 2018**

**Inside This Newsletter**

## **Registration Due Dates**

2/2	Project Spotlight Registrations Due
2/6	International Foods Registrations Due
2/15	Art Beat Registrations Due
3/2	Cupcake Wars Registrations Due
3/15	Scholarship Applications Due
3/28	EXPO Registrations Due
3/28	Foods Revue/Food Activity Registrations Due

## **Columbia County 4-H Event Dates**

	Robotics: 2/1, 2/8, 2/15, 2/22, 3/1 - 6 pm, Wycocena
2/3	Cloverbud Sensational Saturday—8:50am, Tivoli Nursing Home, Portage
2/9	CC 4-H International Foods Workshop, 7:00pm, CHCC Wycocena
2/17	CC 4-H Archery, 1pm-3pm, Achterberg Archery, Pardeeville
2/17	Project Spotlight— 8:00am, Portage High School
2/17	State 4-H Meats Judging Contest, 12:30pm, UW Madison Meat Lab
2/19	CC Fair Board Meeting, 7:00pm, Pizza Hut, Portage
2/20	CC 4-H Horse Project Meeting, 6:30pm, Poynette Middle School
3/2	WPL Shamrock Shuffle, Dinner - Cambria Fire Station
3/3	WPL Shamrock Shuffle Fundraiser, Cambria
3/3	State 4-H Livestock Quiz Bowl & Skillathon, 9:00am, UW Madison Animal Sciences Bldg.
3/2-3	WI 4-H State Shooting Sports Invitational—Central WI Sportsmans Club, Marshfield
3/3	4H Music and Drama Festival, Portage Center for the Arts, 8am-1pm
3/10	Cupcake Wars, Lodi First Presbyterian Church, 9am
3/15	YQCA Training, 6pm, Administration Bldg, Portage
3/15	CC Livestock Committee Meeting, 7:00pm, Administration Bldg, Portage
3/16-17	State 4-H Art Beat, 6pm, Camp Upham Woods, WI Dells
3/17	CC 4-H Archery, 1pm—3pm, Achterberg Archery, Pardeeville
3/19	CC Fair Board Meeting, 7:00pm, Pizza Hut, Portage
3/20	CC Horse Project Meeting, 6:30pm, Poynette Middle School
3/22	CC 4-H Leader's Council Meeting, 6:30pm, Wycocena
3/26	CC 4-H Cottontails, 6:00pm, CHCC, Wycocena
4/7	Foods Revue/Food Activity/EXPO—11:00am, Portage Public Library

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**Rolling in Clover article submission due date is the 25th day of March, 2018.**

**Leaders Council Adult Club Attendance Record for 2017-2018  
Next Meeting: March 22, 2018, 6:30 p.m., Wycocena**

4-H Club	# of Mtgs	4-H Club	# of Mtgs
Arlington Prairie Producers	1	Lodi Challengers	1
Cornerstone Badgers	1	New Directions	1
Dekorrra Rocketeers	1	North Scott	1
Durwards Glen	1	Rio Go Getters	1
Inch True Blues	1	So. Columbus Willing Workers	1
Leeds Prairie Pals	1	Welsh Prairie Livewires	1

**Office Hours:** 8:00 a.m.—4:30 p.m., Monday—Friday  
**Phone:** (608) 742-9680 **Fax:** (608) 742-9862  
**Homepage:** <http://columbia.uwex.edu/4-h-youth-development/>

## 4-H Staff

**Vacant**, 4-H Youth Development Educator  
(608) 742-9684

**Pat Wagner**, 4-H Program Assistant  
(608) 742-9685; [pat.wagner@ces.uwex.edu](mailto:pat.wagner@ces.uwex.edu)

**Jennifer Evans**, 4-H Administrative Program Assistant  
(608) 742-9687; [jennifer.evans@ces.uwex.edu](mailto:jennifer.evans@ces.uwex.edu)

## Additional UW-Extension Columbia County Office Staff

Kathleen Haas, Community Resource Development Educator

Vacant, Family Living Educator

George Koepp, Ag Agent

LuAnn Olson, Administrative Assistant

Caitlin Richardson, FoodWise Program Coordinator

# March



SUN	MON	TUE	WED	THU	FRI	SAT
				1 Robotics, 6pm, CCHC, Wycocena	2 Cupcake Wars Registrations Due WPL Shamrock Shuffle Dinner	3 WPL Shamrock Shuffle, State Live- stock/Quiz Bowl, 9am—Drama & Music Festival, 8am
4	5	6	7	8	9	10 Cupcake Wars, 9am, Lodi
11	12	13	14	15 Scholarship Applications Due! Livestock Comm. Mtg., 7pm, Admin. Bldg., Portage	16 State 4-H Art Beat, Upham Woods	17 State 4-H Art Beat, Upham Woods Archery 1-3pm
18	19 Fair Board Mtg, 7pm, Pizza Hut	20 CC Horse Project Mtg, 6:30pm, Poynette Middle	21	22 CC Leader's Council Mtg, - 6:30pm, Wycocena	23	24
25	26 CC Cottonails Mtg., 6pm, CCHC, Wycocena	27	28 EXPO Regis- trations Due Foods Revue Reg- istrations Due	29	30	31 

## 4H Online Enrollment for New Members and Leaders & Change of Projects



**Communication Arts Festival Judges**—Liz Bellmore, Dawn Foster, Keith Wohlfert, Karrie Landsverk, and Danny Smith

**Communication Arts Room Monitors**—DeAnn Richards, Jen Martens, Esther Considine & Billie-Jo Brusveen,

**Columbia County Leader's Council Meeting**  
• Thursday, 3/22/18

New members and leaders can still enroll online but will not be able to select any projects, call the office for help.

**For new members and leaders only:** they should send a list of their projects by email to their general leader and the general leader should forward that email to [jennifer.evans@ces.uwex.edu](mailto:jennifer.evans@ces.uwex.edu) to indicate their acceptance of these projects. They do not have to fill out the *Add or Drop Project Form*.

**For existing members:** If you wish to add or drop a project, you will need to fill out the "*Add or Drop Project Form*" found at <http://columbia.uwex.edu/4-h-youth-development/4-h-forms/4-h-enrollment-forms/>. This needs to be signed by your general leader and they will need to send it to [jennifer.evans@ces.uwex.edu](mailto:jennifer.evans@ces.uwex.edu) so your enrollment online can be changed.

**The project drop deadline date and club change deadline date is May 1, 2018!**

The 4-h-enrollment-forms webpage also includes the *Club Change Form* required if you wish to change clubs.



# Newsletter

**DEADLINE**

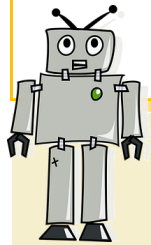
Club/Group Reporters, General & Group Leaders & Project Leaders for other clubs: Please remember the 4-H Rolling in Clover deadline is on the 25th of the month before the month of the next newsletter. This one is February/March. The next newsletter will be the April/May edition and the deadline is 3/25. Please send all articles/pictures to Jennifer at [jennifer.evans@ces.uwex.edu](mailto:jennifer.evans@ces.uwex.edu).

## Newsletter by Email or Mail / Change of Info

If you are receiving your newsletter by email and wish to change it to US Mail or if you receive your newsletter by US Mail and wish to change it to email, you can change this on 4H Online in your family profile section.

Remember, if you change your email or address, put the change on 4HOnline on your "Family" page. If you check the box "update" for all other members with the same address, it does not do that for just choosing email or mail, so you would need to change each family member.

Since we are not notified from the program that you have made any changes, **please let Jennifer know** your new information or it will not be changed in our lists used for weekly email and newsletter. Thank you.



## Beginning and Intermediate Robotics!!

Workshops will be offered on the following dates:  
Thursday's  
2/1/18, 2/8/18, 2/15/18, 2/22/18 & 3/1/18

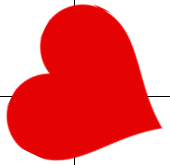


**Due March 15th**

Columbia County 4-H High School and Alumni and Sale of Champion Scholarships are due by March 15th. They were advertised in the last issue of Rolling in Clover. Forms can be found online at: <http://columbia.uwex.edu/4-h-youth-development/4-h-forms/columbia-county-4-h-scholarship-forms/> or go to <http://columbia.uwex.edu/>, 4-H Youth Development, Forms/Scholarships.

# FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			



## Expo – cont.

### Objectives:

1. To provide youth with an experience in planning, preparing and displaying an article or educational exhibit
2. To give youth an opportunity for self-expression verbally and visually in a safe and supportive environment.
3. To provide youth with an opportunity to share with others what they have learned during the discovery process while creating their Expo exhibit
4. To develop public presentation ability

### Summary:

Unlike traditional science fairs which feature experiment after experiment; Inquiry, Innovation and Creativity Expo participants are encouraged to find something that interests them within their 4-H project areas and explore it using their 21st Century Skills like critical thinking, creativity, communication, and collaboration. By selecting a topic within a 4-H project area of interest, participants are able to take their Expo exhibit, one step further, to the County Fair.

Whether it's analyzing the different foods that are available to dairy cows, conducting an experiment, or creating an innovation that fulfills a need in their lives, the focus of the project is completely up to the participant.

### Sharing your Story:

This is not a judged event, however, each participant will be asked to set up their display and provide a short presentation about the discovery process used in designing and creating their project. Sample talking points that may be helpful in crafting your short presentation are listed below:

- What 4-H project area(s) does your exhibit most relate to?
- What do you already know about this project area?
- Why did you choose to focus on this project?
- What question(s) are you trying to answer? Did you answer your question(s)?
- What do you want to learn, try and/or discover about this project now?
- Who/What can help you learn more about your project?
- What resources did you use to help create your project (i.e. people, books, businesses)?
- What was the most interesting thing you discovered while creating your exhibit?
- Would you do anything differently if you recreated your project?
- What were your steps?

## CAMP DATES 2018 AND CAMP COUNSELOR TRAINING

COLUMBIA COUNTY 4-H MEMBERS AND THEIR FRIENDS ARE WELCOME TO ATTEND ANY OPEN CAMP SESSION AT UPHAM WOODS IN 2018.

WE CONSIDER SESSION 1 TO BE THE COLUMBIA COUNTY PRIMARY CAMP TIME AND PAT WILL BE AT CAMP TO SUPPORT THAT SESSION.

WE ENCOURAGE AVAILABLE ADULTS AND COUNSELORS FROM COLUMBIA COUNTY TO SIGN UP FOR SESSION 1 IN ADDITION TO OTHERS YOU MAY BE INTERESTED IN ATTENDING. ADULT VOLUNTEERS ATTEND OPEN ENROLLMENT CAMP AT UPHAM WOODS FOR NO COST, BUT MUST BE A REGISTERED VOLUNTEER.

TRAINED CAMP COUNSELORS WILL BE ENCOURAGED TO SIGN UP FOR MULTIPLE OPEN SESSION CAMPS.

### OPEN ENROLLMENT CAMP 2018:

SESSION 1: FRIDAY, JUNE 15<sup>TH</sup> – MONDAY, JUNE 18<sup>TH</sup>  
FOR MORE INFORMATION GO TO: [HTTP://FYI.UWEX.EDU/  
UPHAMWOODS/PROGRAMS/OPEN-ENROLLMENT-SUMMER-CAMP-AND-OUTPOST-TRIP/](http://fyi.uwex.edu/uphamwoods/programs/open-enrollment-summer-camp-and-outpost-trip/)

SESSION 2: SUNDAY, AUGUST 5<sup>TH</sup> – SATURDAY, AUGUST 11<sup>TH</sup>  
FOR MORE INFORMATION GO TO: [HTTP://FYI.UWEX.EDU/  
UPHAMWOODS/PROGRAMS/OPEN-ENROLLMENT-SUMMER-CAMP-AND-OUTPOST-TRIP/](http://fyi.uwex.edu/uphamwoods/programs/open-enrollment-summer-camp-and-outpost-trip/)

### CAMP COUNSELOR TRAINING AT UPHAM WOODS – MUST BE 14 YEARS OLD BY THE CAMP DATE:

MARCH 10-11 OR APRIL 21-22, 2018

FOR MORE INFORMATION GO TO: [HTTP://FYI.UWEX.EDU/  
UPHAMWOODS/PROGRAMS/  
OUTREACH-PROGRAMS/PUBLIC-PROGRAMS/  
COUNSELOR-TRAINING-WEEKEND/](http://fyi.uwex.edu/uphamwoods/programs/outreach-programs/public-programs/counselor-training-weekend/)



***\*SCHOLARSHIPS ARE AVAILABLE FROM COLUMBIA COUNTY LEADERS COUNCIL AS WELL AS UPHAM WOODS***

**REGISTRATION FOR CAMP COUNSELOR TRAINING AS WELL AS OPEN ENROLLMENT CAMP IS NOW OPEN!!!**

## CC 4-H Horse Calendar Available Soon!

The Columbia County Horse Project calendar for 2018 will be accessible by visiting:

<http://columbia.uwex.edu/4-h-youth-development/4-h-horse-project/4-h-calendar-and-schedule/>. There will be a document you can print out, as well as the schedule on the webpage itself.

### NEXT MEETING

Date: February 20, 2018  
 Time: 6:30 pm—8:00 pm  
 Place: Poynette Middle School



The 4-H Horse Council Board of Directors, both youth and adult, are located at:

<http://columbia.uwex.edu/4-h-youth-development/4-h-horse-project/4-h-horse-council/>

## LIVESTOCK COMMITTEE MEETING

**When:** Thursday, March 15, 20178  
**Time:** 7:00 p.m.  
**Place:** Administration Building, Portage  
**Who:** All interested individuals, youth and adults  
**Topics:** Sale of Champion Organization and Fair



### Columbia County Fair Swine Weigh-In

Due to the changing of the state rules and regulations regarding swine, the weigh-in is being discussed, more information to follow in weekly emails.

### Columbia County Fair Sheep Weigh-In

The sheep weigh-in will be held at the Columbia County Fairgrounds. Time and date is TBD. Watch weekly emails for more information.



## 4-H EXPO—Explore, Innovate, Inquire, Create

Please select from one of the following dates:

- Saturday, April 7, 9:30am-11:00am  
 Portage Public Library- Bidwell Room, 253 W Edgewater St, Portage  
 (Registration Due: 3/28/18)

Name: \_\_\_\_\_

Grade: \_\_\_\_\_

4-H Club: \_\_\_\_\_

Phone: (     )     -     \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ ST: WI Zip: \_\_\_\_\_

Any special accommodations required? Yes\_\_\_ No\_\_\_

If yes, please describe: \_\_\_\_\_

Title of Exhibit: \_\_\_\_\_

Type of Exhibit (what is it?)\*\*: \_\_\_\_\_

Brief Description of Exhibit (i.e. materials used, questions answered, special features, why did you pick this topic, etc.): \_\_\_\_\_

4-H Project Area(s) that the Exhibit is related to: \_\_\_\_\_

Outlet Needed: Yes\*\_\_\_ No\_\_\_

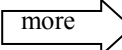
\*Participants are required to bring their own extension cords if they need an outlet.

\*\*Participants are allotted a card table sized area to display their finished exhibit. Additional decorations may be used as long as the size does not exceed a card table display.

Any special accommodations needed: \_\_\_\_\_

Return to:

Jennifer Evans, UW-Extension,  
 112 E. Edgewater Street, Room 212, Portage, WI 53901





## 2018 Cupcake Wars Registration Form

### Theme: *Be A HERO*

**When:** March 10, 2018  
**Where:** Lodi First Presbyterian Church – 258 Lodi Street, Lodi, WI  
**Times:** Arrive at 9 AM  
 9:15-10:00 – Decorate cupcakes and create display  
 10:00am – Team presentation (*order chosen by random drawing*) · Presentation and Theme Reaction by Guest Cupcake Experts and Audience (*Team's Choice Selection for each Division*) · Guest Cupcake Experts Bite-a-bility Testing (*order chosen by random drawing*) (*Cupcake Experts Choice Selection for each Division*) · Announce Selections · Team Self-Assessment



Name:	Phone: (    )    -
Names of Team Members (if applicable):	
How many cupcakes are you/ group presenting (total #)?	
Address:	
City, St., Zip:	
E-mail:	
4-H Club:	
Grade:	

Any special accommodations required? Yes \_\_\_ No \_\_\_

If yes, please describe: \_\_\_\_\_

Return by Monday, March 2, 2018 to:  
 Jennifer Evans, UW-Extension,  
 112 E. Edgewater St, Room 212, Portage, WI 53901

## Milk Moola from Kwik Trip

Many different products from Kwik Trip are eligible for the Milk Moola Fundraiser. They include (subject to change):



- Whole Milk (homogenized)
- 2% Reduced Fat Milk
- 1% Low-fat Milk
- Fat Free Skim Milk
- Chocolate Flavored Milk
- Strawberry Flavored Milk
- Orange Juice, from 100% juice concentrate
- Nature's Touch Drinking Water
- Nature's Touch Egg Nog (seasonal)

\*Sizes include: Bags, gallons, 1/2 gallons, quarts, pints and 1/2 pints. Sizes do vary per product. Always be sure to look for the Milk Moola logo on the cap or bag top. Caps, bag tops, ovals and other items from packages are accepted at the Columbia County UW-Extension Office.

### YQCA Replaces PQA & MAQA—What does that mean to YOU?

*YQCA or Youth for the Quality Care of Animals was developed and funded by national livestock industry professionals, extension specialists, and livestock show managers. It replaces the National Pork Board's Youth Pork Quality Assurance (PQA) program and Wisconsin's Meat Animal Quality Assurance (MAQA) program. Previously, youth, who exhibited and then sold swine, were required to enroll in a PQA or an MAQA class. Now, those same swine project members will need to enroll in an YQCA class, either online or face-to-face. In addition, all Wisconsin State Fair exhibitors of food animals (beef, dairy, goat, poultry, rabbit, sheep and swine) MUST complete an YQCA class and become YQCA certified.*

*YQCA Course content includes an age appropriate module from each of the following program areas: Animal Welfare; Food Safety; and Character Education. Certification is offered in two formats to meet varied learning styles and active schedules. The YQCA website is found at [www.yqca.org](http://www.yqca.org). Once at the website, look to the upper right hand corner for – Sign In/Register. Next, follow instructions to create an account and then to the “online” option or the “face-to-face/trainer led” option.*

**Online** – Fee: \$12/exhibitor/year Available 24/7 -OR- **Face-to-Face/Trainer-Led** – Fee: \$3/exhibitor/year

*Both certification types (Online and Face-to-Face) must be paid online with a credit card. The nominal course fees (\$12/\$3) ensures the course content/learning platform stays current.*

*The Columbia County UW Extension Office will be offering an YQCA face-to-face meeting on **March 15, 2018**, just prior to the 4-H Livestock Committee meeting, 6 p.m., in the Administration Building, Portage. A nominal fee may be charged at the door to help cover material costs. This fee will be in addition to the fee charged when an individual registers at the YQCA website [www.yqca.org](http://www.yqca.org). If interested in participating in this YQCA class, please contact Pat Wagner at [pat.wagner@ces.uwex.edu](mailto:pat.wagner@ces.uwex.edu).*

**10th Anniversary of the U.S. Targhee Sheep Association Starter Flock  
Three Free Registered Targhee Sheep to be Awarded to Deserving Youth**

The U.S. Targhee Sheep Association (USTSA) will be celebrating the 10<sup>th</sup> anniversary of its Starter Flock Program by again offering a free registered Targhee Starter flock to a deserving youth at the 2018 USTSA National Show & Sale in Miles City, Montana, July 12<sup>th</sup>-14<sup>th</sup>. The winner must be present to receive the flock and will be awarded one (1) ewe lamb, one (1) yearling ewe, and one (1) brood ewe donated by members of the USTSA. Each animal will be a USTSA registered animal, and at least QR in Scrapie Codon 171 genotype. The winner will also receive a \$150 credit for use toward purchase of additional animals at the 2018 sale.

Applications, due **April 1<sup>st</sup>**, are now available to download at [www.ustargheesheep.org](http://www.ustargheesheep.org) or by contacting Mardy Rutledge at the USTSA office ([ustargheesheep@gmail.com](mailto:ustargheesheep@gmail.com) or 702-292-5715). Any young person, ages 9-17, as of January 1, 2018, whose family does not raise Targhee sheep may apply. Applicants should possess a keen interest in the U.S. sheep industry, commitment to raising Targhee sheep over time, and a firm belief in the abilities of the breed. Applicants must demonstrate proof of care, facilities, and transportation. Aside from receiving the flock of sheep, the winning youth, will be paired with a Targhee breeder living near them who will act as a mentor. The association is committed to helping the winner succeed.

Targhee sheep are one of the few breeds developed in the United States at the U.S. Sheep Experiment Station in Dubois, Idaho. Withstanding harsh environments and minimal human intervention, while still producing high quality lamb and wool are hallmark traits of Targhees. Mothering ability and gentle dispositions are additional positive traits of the breed.

The U.S. Targhee Sheep Association believes in the future. The success the program has had thus far has only affirmed it is the right thing to do for young people. In the past 9 years, the generous members of the USTSA have awarded 13 flocks, totaling over 40 head of sheep! Please pass the word along to a young person you know. Visit the USTSA website at [www.ustargheesheep.org](http://www.ustargheesheep.org) for more information.

# Awards & Recognition

## COMMUNICATION ARTS

### Demonstrations

Clara Wendt—Red  
Charlene Wendt—Red  
Medora Richards—Merit  
Amelia Heider—Merit  
Hannah Heider—Blue

### Interpretive Reading of Prose

Titus Wynn—Merit  
Christina Considine—Red  
Lucy Blau—Red  
Elena Pacheco—Blue  
Gwen Hahn—Merit  
Sarah Blau—Blue  
Asher Considine—Blue  
Amelia Heider—Blue  
Hannah Heider—Merit  
Adeline Considine—Merit  
Karalynn Cutsforth—Merit  
Jamie Williams—Blue  
Samantha Falk—Blue

### Interpretive Reading of Original Prose/Poetry

Charlene Wendt—Merit

### Interpretive Team Reading

Briella/Ashton Brusveen—Merit

### Interpretive Reading of Poetry

Braden Breneman—Red  
Catherine Wendt—Red  
Katherine Hansen—Merit  
Brynn Langan—Blue  
Isaac Martens—Blue  
Elizabeth Martens—Merit  
Caleb Considine—Merit

### Memorized Declamation/Storytelling

Clara Wendt—Blue  
Isabel Pacheco—Merit

### Posters

Morgan Matula—Red  
Oliver Griepentrog—Merit  
Brady Rietmann—Blue  
Trey Morse—Red  
Aubrey Rietmann—Merit  
Tanner Johnson—Blue

### Cloverbuds

Ella Griepentrog—Poster  
Josiah Wendt—Interpretive Reading  
Terje Paske—Memorized Declamation

Communication Arts Festival was held on Monday, January 15<sup>th</sup> at Wayne Bartels Middle School in Portage. The Communication Arts Festival is an annual 4-H event that promotes communication. Youth entered posters and performed speeches. The speaking part of the contest is the most popular and allows youth to feel comfortable speaking in public. Participants are evaluated on their entries/presentations.

**Archery: 3 Sessions Offered**  
**February 17th, March 17th,**  
**April 14th**  
**Experienced: 1pm-2pm**  
**Beginners: 2pm-3pm**

**Achterberg Archery,**  
**Pardeeville**





Come join the excitement of this opportunity available to some of our youngest (and often most enthusiastic!) 4-H members! REGISTER EARLY! This camp fills up fast and registration is first come, first serve!

**Registration Deadline: February 15, 2018**

For additional information check out: <http://fyi.uwex.edu/wi4harts/artbeat/>

If you have any questions, please contact Lynn Pfeiffer, WI 4-H Arts and Animal Science Assistant, at (608) 262-1222 or [lynn.pfeiffer@ces.uwex.edu](mailto:lynn.pfeiffer@ces.uwex.edu).

## 4-H Music Festival Merges with Drama Festival

The 2018 Columbia County 4-H Music & Drama Festival will be held on Saturday, March 3, 2018 starting at 9:00 a.m. The Festival will be held at the Portage Center for the Arts. In addition to club, small group and individual music presentations, there will be drama performances. Come see our best in music and drama!! Registration materials were mailed to each 4-H Club general leader and are available online at <https://columbia.uwex.edu/4-h-events/4-h-eventregistrations/> or upon request from the Columbia County OW-Extension Office.



6th Annual  
**5K**  
RUN/WALK

# Shamrock Shuffle

[www.4HShamrockShuffle.com](http://www.4HShamrockShuffle.com)

## Runner's Choice

Your registration matters...

**Build a TEAM to Support Your Charity!**

Top three charities receive a portion of the race proceeds.\*



- Alzheimer's Association
- Badger Honor Flight
- CARE for Columbia County
- C-F Rocks PTO
- Cambria Bread Basket Community Food Pantry
- Columbia County Humane Society
- Columbia Health Care Center Foundation
- Jane Morgan Library in Cambria
- Muscular Dystrophy Association
- Randolph Cambria-Friesland FFA
- Ronald McDonald House
- Three Gaits Inc Therapeutic Horsemanship

**REGISTER ONLINE**

**EARLY BIRD RACER**  
postmarked on/before February 9th  
receives a **FREE T-SHIRT!!**



Shamrock Shuffle - Weekend

**Friday, March 2nd**  
4:30 p.m. - 7:30 p.m.

Pre-Registration Dinner  
Silent Auction & Basket Raffle

**Corned Beef & Chicken & Fish Dinner**

Join us for your choice of corned beef, chicken or fish with all the fixings. Served by 4-H Club Members. Served until gone.

**\$10 Adults**

**\$5 Kids 11 & under**

**\*\*Tickets available at the Door\*\***

**Saturday, March 3rd**

8 a.m. Race Registration Begins

**9 a.m. RACE STARTS**

10:15 a.m. Race Awards

10:30 a.m. Auction & Raffle Closes



## EXPLORE - Your Burning Project Questions at the Columbia County 4-H EXPO

### Explore, Innovate, Inquire, Create

What is the Project EXPO? Unlike a traditional science fair which features experiments, the Columbia County 4-H EXPO encourages members to identify a question they want to answer about

their project. Members answer the question in a way that makes sense to them - compile research, create a prototype, complete a project, or do an experiment – it's your choice! You'll share the answer to your question/s at the EXPO Event.

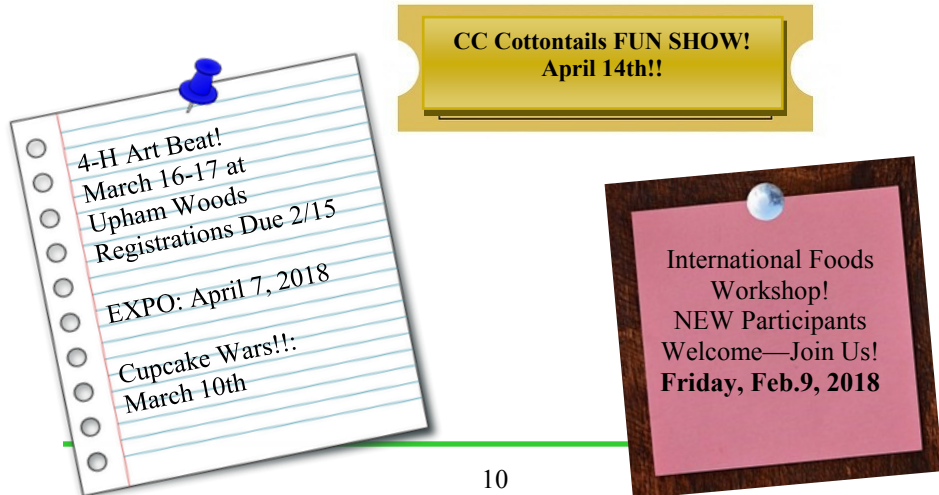
Added benefit! **EXPO counts as a county-wide demonstration/illustrated talk for your project.**

**April 7, 2018— Before Food Revue and Foods Activity Day, Portage Public Library—Bidwell Room, 253 W. Edgewater St. Portage—11:00am**

Want to learn more? Check out all the information!

- **EXPO Booklet**  
<http://columbia.uwex.edu/files/2016/11/Expo-Booklet-2.pdf>
- **EXPO Planning Sheet**  
<http://columbia.uwex.edu/files/2016/11/My-4H-Expo-Worksheet.pdf>
- **Crazy Question Challenge!**  
<http://columbia.uwex.edu/files/2016/11/Crazy-Question-Challenge.pdf>
- **EXPO Registration Forms**  
<http://columbia.uwex.edu/files/2016/11/EXPO-registration-form.pdf>

Please fill out the clip 'n send on page 27 of this newsletter.

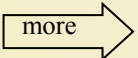


## It is time to start thinking about and planning to participate in our 2018 WI 4-H ArtBEAT!

4-H ArtBEAT! was created for 4-H members in grades 3-5 and their parents and leaders and is the introductory program for Wisconsin 4-H Arts and Communication! ArtBEAT! will be held **March 16 and 17, 2018**, at our State 4-H Camp, Upham Woods in the Wisconsin Dells. Camp begins Friday evening at 7 pm and ends Saturday afternoon at 3 pm.

The weekend will feature a look at a variety of arts projects including music, drama, visual arts, and more! 4-H members will explore their own creativity while discovering the great variety of 4-H Arts & Communication experiences available to them now and in the near future. Session leaders will be 4-H older youth, adult leaders and 4-H staff members with a wealth of experience to share. Youth and adult participants will rotate through a variety of sessions, which are hands-on and active and held at various sites throughout camp. Both youth and adult participants stay in the warm and cozy heated cabins! Parents are not required to attend the camp. All adults attending the camp will be considered adult advisors (chaperones) and will be responsible for providing leadership and support for ALL campers not just their own child. As such, all adults who want to attend the camp must complete the requirements to become an active 4-H volunteer before camp. Interested adults who are not already active 4-H volunteers should contact their county UW-Extension 4-H office as soon as possible for assistance in completing the process to become a volunteer. The process involves training and a background check.

The **\$50.00 per person fee** (youth and adults) will include all materials and supplies (including a very cool ArtBEAT! backpack), overnight lodging and breakfast and lunch on Saturday. Why not get a whole carload of youth and adults together from your county for some genuine 4-H FUN? Transportation to the camp is NOT provided by the State 4-H Office.





# Shooting Sports

## Archery Project

Date: Saturday, February 17<sup>th</sup>, March 17<sup>th</sup> & April 14<sup>th</sup>  
 Time: Experienced Shooters – 1pm – 2pm  
 Entry Level/Inexperienced Shooters – 2pm – 3pm  
 Location: Achterberg Archery/Pardee Sports Club 22  
 N6759 State Road 22, Pardeeville

For more information, contact Jim Farrington at 608-235-8503 or  
[abeandmabel@centurytel.net](mailto:abeandmabel@centurytel.net).

## 4-H Shooting Sports Certification Workshops

In order to be a WI 4-H Shooting Sports Leader, you must be certified in the discipline that you are teaching (archery, coordinator, muzzleloader, pistol, rifle and/or shotgun). Leaders may only teach in the discipline in which they are certified. An adult leader cannot provide hands-on or safety instruction without a certified leader supervising the range.

All leaders must complete one 12-hour workshop to be certified. After that, you may be eligible to attend a Saturday, eight-hour range workshop to receive an additional discipline certification. If three years lapse before adding an additional certification, the full 12-hour certification must be repeated. Only one certification may be obtained at any one certification workshop.

The following are the WI shooting sports certification workshops planned for 2018:

*(Must have 4 in each class to offer a discipline)*

### Eastern Area

April 20-21, 2018 - New Franken, WI, New Franken Sportsmen's Club

Disciplines: Archery, Muzzleloader, Rifle, Shotgun, Pistol

### Western Area

April 27-28, 2018- Eau Claire, WI, Eau Claire Rod & Gun Club

Disciplines: Archery, Rifle, Shotgun

### Central Area

September date TBD - Marshfield, WI, Central WI Sportsmen's Club

Disciplines: Archery, Coordinator, Muzzleloader, Pistol, Rifle, Shotgun

Find details for each workshop at:  
[fyi.uwex.edu/wi4hshooting sports/certification-workshops/](http://fyi.uwex.edu/wi4hshooting sports/certification-workshops/)

## 1st Annual Project Spotlight Saturday, February 17, 2018



Register Early as some classes fill up quickly!

Columbia County's 1st Annual **Project Spotlight** will be held at Portage High School on Saturday, February 17, 2018, from 8:00am - 3:30 pm.

A day of learning! Youth will: register and pay for the project track that interests them most; prepare for the class by securing needed material, if any (some teachers will bring all); make arrangements for an adult helper, if necessary; and prepare to participate from 8:00 a.m. to 3:30 p.m. – all day! A half day Cloverbud Session is also being offered! All sessions are on a first come, first served basis!

- 8:00 am – Arrive Portage High School, Room 136
- 8:15 am – Welcome and Review the Plan of the Day
- 8:45 am – Begin “Project Spotlight” Experience or Begin Cloverbud Session!
- 8:45 – 12:00 pm Project Spotlight
- 8:45 – 12:00 pm – Cloverbud Session (K-2) (Parents are encouraged to stay with your kids)
- 12:00pm – Potluck Lunch  
 Each participant family is to bring a dish to pass. Hot Dog sandwiches, beverages, and tableware will be provided. We will eat in the FACE classroom. There is room to plug in crockpots or keep food cold in coolers in that classroom. We will not have access to refrigerators in that classroom.
- 12:30 – 2:00pm – Project Spotlight sessions continue and 4-H Cloverbuds are dismissed.
- 2:00pm – Clean up all spaces and return to hallway outside of Room 136. Arrange projects on tables for Showcase presentation.
- 2:30pm – 4-H Project Spotlight “Showcase” (a sharing time for all participants)
- 3:30pm – Head for home

Return the registration form on page 14, with payment made payable to: “Columbia County 4-H”, by 4:30pm, Friday, February 2nd to:  
 Jennifer Evans, Columbia County UW-Extension  
 112 E. Edgewater Street, Room 212, Portage, WI 53901

**1--Cupcake Baking FUN  
Gr. 4 – Adult**

**Cost: \$10/person  
Class Limit: 10-12**

Instructor-- Becky Rocha – Kids will make creative cupcakes from start to finish.



**2--Quilting—Pinwheel 7 Runner  
Gr. 3 - Adult**

**Cost: \$12/person  
Class Limit: 4-12**



Instructor -- Patti James - Workshop includes: Making and assembling 3 quilt blocks to create a table runner for your table or dresser with the Pinwheel block. This block can be used in a larger project and create a lap quilt or larger. It is made entirely of half-square triangles. A variety of methods

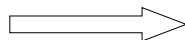
to use in creating a half-square triangle block will be demonstrated, as well as designs for quilt blocks utilizing the half-square triangle block in a variety of layouts. Each participant must purchase their own fabric, thread, etc. Please see workshop flier below for fabric details. You will need to have at least one year in the quilting project and knowledge of rotary cutting methods.

**3--Kumihimo Bead Braiding  
Gr. 4 – Adult**

**Cost: \$40/person  
Class limit: 4-8**

Instructor -- Rita Briant of Prairie Flower Beads, Portage. Participants will create a necklace with beads and a pendant. This project will require that students remain very focused and on task throughout the day so the project may be completed. Project time: 2 hours to string all of the beads; 3 hours to braid the strings of beads; plus some time to finish the ends. All materials are supplied (beads, handmade pendant, string, etc). Participants will be able to choose their own bead colors and individual pendants at the class. An adult may attend with each youth to help facilitate the completion of this project; however, only one kumihimo braiding kit will be provided. Please see workshop flier and image below.

*\*Quilting and Kumihimo Necklace Descriptions on page 15/16*



Columbia County  
**Master Gardener  
ASSOCIATION**



*Presents 10th Annual:*

**Let's Get**

**GREEN**

**and Growing!**



**When: Saturday, March 24, 2018**

**Time: 8:45 am—2:45 pm**

**Where: Rio High School**

**Registration: \$10/person**

*(Pre-registration opens Feb. 1, closes March 10)*

**Walk-Ins are welcome—  
\$15/person**

For experienced *and* beginning gardeners:

- Keynote Speaker: Dave Wanninger, Horticulturist in Charge, Boerner Botanical Gardens  
**“Not Your Same Old, Same Old Garden Plants”**
  - Over 25 Breakout Sessions to choose from
    - Hands-on activities
- Vendors: Copper Penny Garlic Farm, Creative Visual Workshop, Dean Piehl Woodworks, Gerry's Garden, Laura Gramer Service Dog Fundraiser (Handmade Woodburning), Lemon Blossom Fairy Soaps, Link's Greenhouse and Farm, New Life Lavender and Cherry Farm, Portage Friends of the Library, R & B Farm, Stone-Crete Company & Sweet Wisconsin Honey Farm (others may be added).
  - Lunch for purchase & more!

For a registration brochure call 608.742.9680 or go to:  
<http://columbia.uwex.edu/lets-get-green-and-growing/>



- ☒ Photo Entries must be 5x7" or larger after cropping and must fit on the 11x14" black poster board and may be black and white or color
- ☒ Attach a 3x5 note card to describe your photography process to the judge (attach to the back)
- ☒ Photos will be judged based on composition, technical quality, and story telling ability
- ☒ Submit to the Columbia County Extension office by February 9th or bring to the Project Spotlight Day by 8:30 a.m.

## REGISTRATION FORM



Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Project (1st choice): \_\_\_\_\_ Cost: \_\_\_\_\_

Project (2nd choice): \_\_\_\_\_ Cost: \_\_\_\_\_

Check if you wish to enter the project spotlight photo contest

Category #1: Something I Love Category

Category #2: My Favorite Thing To Do

Category #3: Through the.....

If any special accommodations are required, please describe: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Return form with payment by 2/2/18 to:  
Jennifer Evans, UW-Extension, 112 E. Edgewater St., Room 212,  
Portage, WI 53901

# 4-H Foods Revue and Food Activity

## April 7th - Portage Library

### 4-H Foods Revue

- \* Foods Revue is for you -- foods, food preservation, bread, Exploring and Cloverbud project members!
- \* Guidelines—What do you do?
  - ⇒ Foods Project Members: select a favorite food to prepare.
  - ⇒ Breads Project Members: select a favorite yeast bread to prepare.
  - ⇒ Foods Preservation Project Members: select a favorite preserved food to prepare.
  - ⇒ Foods, Breads, and Foods Preservation Members: plan a menu for your selected food item; plan a table covering, centerpiece, and table setting/service for the menu; and bring one serving of the selected food item.
  - ⇒ Cloverbuds and Exploring Project Members: select your favorite nutritious snack to prepare (no prepackaged foods / mixes); practice preparing it for yourself and for others; and select dishes, silverware to serve the snack, and a placemat or tablecloth. A centerpiece is optional.
  - ⇒ Setup may begin @ 10:30 am.
- \* A tentative schedule for Foods Revue is 11:00 a.m. for Cloverbuds, Explorers, Foods 1, and Foods 2 and then 11:30 a.m. for Foods 3, Foods 4, Food Preservation, and Breads.



### 4-H Food Activity

- \* Food Activity is for you – foods, food preservation, and breads project members!
- \* Guidelines—What to do?
  - ⇒ Choose a foods-related activity or prepare a foods-related experiment or comparison that answers a question or questions.
  - ⇒ Complete the activity or experiment.
  - ⇒ Plan a display (similar to a science experiment display) to show the steps followed to answer the question/s. The display should contain the actual examples of your experiment.
- \* Food Activity will follow Foods Revue at approximately noon.

# International Foods Workshop

## Friday, February 9, 2018

### Purpose:

- ◆ Increase knowledge of food and customs of other countries
- ◆ Try new foods
- ◆ Share knowledge with others/increase communication skills
- ◆ Build confidence

### What do you do???



### Any 4-H member or cloverbud:

- ◆ selects a country they want to learn more about;
- ◆ prepares a food from that country;
- ◆ sets up an exhibit, usually on a display board (the exhibitor may choose to wear a heritage costume or not); and
- ◆ gives a short talk about the country's food and customs.

All participants travel as a group from table to table and have an opportunity to sample the food and ask questions about the country being discussed.

Registration Form available online at: <https://columbia.uwex.edu/4-h-events/4-h-eventregistrations/>

**When:** 7:00 p.m. – Friday, February 9, 2018

**Where:** Columbia County Health Care Center, Wycocena – basement mtg. room

REGISTER BY RETURNING THIS CLIP N SEND OR BY EMAILING THE SAME INFORMATION TO:

JENNIFER EVANS AT [jennifer.evans@ces.uwex.edu](mailto:jennifer.evans@ces.uwex.edu) by February 6<sup>th</sup>.

Name: \_\_\_\_\_ 4H Club: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Selected Country: \_\_\_\_\_ (Please select a new country each year.)

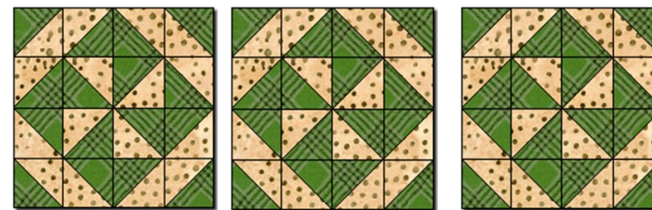
Questions: \_\_\_\_\_

If any special accommodations are required, please describe: \_\_\_\_\_

Please call Pat Wagner 608-742-9685 or DeAnn Richards (leader in charge).

### Project spotlight...continued

**QUILTING** -- Pinwheel 7 Runner Workshop  
 Pattern adapted from [www.quilterscache.com](http://www.quilterscache.com), Presented by Patti James



### Workshop includes:

Making and assembling 3 quilt blocks to create a table runner for your table or dresser with the Pinwheel block. This block can be used in a larger project and create a lap quilt or larger. It is made entirely of half-square triangles.

A variety of methods to use in creating a half-square triangle block will be demonstrated, as well as designs for quilt blocks utilizing the half-square triangle block in a variety of layouts.

Participants need to have at least one year in the quilting project and knowledge of rotary cutting methods.

### Fabric supplies needed to create 3 blocks for the runner:

Note: Good quality fabric makes quilting much easier. Here is a list of some local stores where good quality fabric and help in selection of colors that coordinate with your home are available. In Portage: The Welcome Home Sew n Vac; Endeavor: Homespun Fabrics; Lodi: Village Creek; Madison: Quintessential Quilts; Beaver Dam: Nancy's Notions

Fabrics Needed (please bring with you to Project Spotlight)

½ yd. light colored 100% cotton fabric (a tone on tone light colored fabric or plain white or cream)

½ yard dark colored 100% fabric (choose a fabric without a lot of colors and big prints)

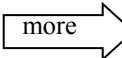
1/3 yd. of the dark 100% cotton fabric for binding

½ yd. coordinating 100% cotton fabric for the backing of the runner.

Batting: Will be provided in your fee.

### Equipment:

Sewing machine in good working order with operating book and accessories (Machine must be able to stitch an accurate ¼" seam) with two bobbins wound with thread prior to class.



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Sewing Kit - Seam ripper, scissors for trimming thread, pins, pin cushion, extra sewing machine needles (80/12), mechanical pencil or Friction pen to mark fabric

Rotary cutter and new blade installed, 24" rotary ruler, and small cutting mat, \*optional 12" rotary ruler

Thread- I use a shade of grey that blends with my darker fabric, or cream or light tan. I like Gutermann or Mettler thread brands.

**I will bring larger cutting mats for your use for the workshop as well as irons and ironing boards.**

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**Kumihimo Beaded Necklace – Instructor: Rita Briant of Prairie Flower Beads, Portage**



Material cost is \$40.00. Instructor time is donated. Participants will create a necklace of beads and choose a matching pendant.

Photo is a sample only! Each participant will select his/her own color of beads and unique pendant!

**Process:**

1. 2 hours to string all the beads
2. 3 hours to braid the strings of beads together
3. Additional time to finish the ends

Students in this class must be able to remain focused during the day and must be able to remain on task. A student may bring along a parent or other helper to aid them during this class; however, only one kit would be issued to the student.

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## Foods & Nutrition

### Cupcake Wars



**2018 Theme: Be A HERO**  
**March 10, 2018**

**Time of event:**

9 AM – Arrive

9:15 – 10:00 – Decorate cupcakes and create display

10:00 – Team Presentation (*order chosen by random drawing*)

Presentation and Theme Reaction by Guest Cupcake Experts and Audience (*Team's Choice Selection for each Division*)

Guest Cupcake Experts Bite-ability Testing (*order chosen by random drawing*) (*Cupcake Experts Choice Selection for each Division*)

Announce Selections

Team Self-assessment



*Note: Teams will be invited to place extra cupcakes on a designated table to share with audience members following the team presentations.*

**Location:**

Lodi First Presbyterian Church - 258 Lodi St, Lodi, WI  
Guest Cupcake Experts: David & Noel Weber

**Grade Divisions:**

Team must enter in the Division of the oldest member of their team. \*

- Division 1: Grades 3 – 5
- Division 2: Grades 6 - 8
- Division 3: Grades 9 and older\

**Objectives:**

- To promote self-confidence.
- To develop public presentation ability.
- To showcase baking and decorating ability.
- To work together as a team.
- To allow for self-expression in a safe supportive environment.

**Registrations due March 2, 2018**

For complete guidelines please visit: <https://columbia.uwex.edu/files/2018/01/Cupcake-Wars-2018.pdf> Please return the clip 'n send on page 26 of this newsletter to Jennifer Evans at Columbia County UW-Extension, 112 E. Edgewater St., Room 212, Portage, WI 53901, by March 2, 2018 The registration form can be found at: <https://columbia.uwex.edu/files/2018/01/Cupcake-Wars.pdf> or <https://columbia.uwex.edu/4-h-events/4-h-eventregistrations/>