www.4HShamrockShuffle.com





or COMPLETE AND MAIL FORM WITH PAYMENT TO:

Shamrock Shuffle 5K Run/Walk PO Box 277 | Friesland, WI 53935

Every participant must fill out a form



EARLY BIRD RACER postmarked on/before February 9th receives a FREE T-SHIRT!!

NAME:	
CIRCLE ONE: MALE or FEMALE	AGE:
MAILING ADDRESS:	
CITY/STATE/ZIP:	
PHONE:	
EMAIL:	
CHARITY CHOICE: (see list)	
RACER ENTRY FEE (circle one):	

Ages 12+ (\$25) Ages 11 & Under (\$15) Virtual Runner (\$15)

T-SHIRT SIZE (circle one):

ADULT T-SHIRT SIZE: S M L XL XXL(+\$2) XXXL(+\$2)

YOUTH T-SHIRT SIZE: S

VITURAL RUNNER: NO SHIRT SHIRT (\$12 Extra) Size _____

STATEMENT OF CONSENT & REQUIRED RELEASE

I understand risks may be involved with "The Welsh Prairie Livewires Shamrock Shuffle 5K Run/Walk" and willingly and voluntarily accept these risks. I grant permission to the 4-H to use photos/images and/or quotations from me in accounts and promotion of the event.

Racer's Signature	Date
**Signature Parent/Guardian if under 18	Date

Runner's Choice

Your registration matters... **Build a TEAM to Support Your Charity!**

Top three charities receive a portion of the race proceeds.*

Badger Honor Flight

C-F Rocks PTO

Cambria Bread Basket Community Food Pantry

Columbia County Humane Society

Columbia Health Care Center Foundation

Jane Morgan Library in Cambria

Muscular Dystrophy Association

Randolph Cambria-Friesland FFA

Ronald McDonald House

Alzheimer's Association

CARE for Columbia County

Three Gaits Inc Therapeutic Horsemanship Center

1st Place* - \$2,000

2nd Place* - \$1,000

3rd Place* - \$500

Estimated proceeds based on 170 run/walkers

6th Annual

Welsh Prairie Livewires 4-H Club



Run for Charity

Your registration matters...

Build a TEAM to support your charity!

March 3rd 2018



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^{**} All children under the age of 18 must be accompanied by an adult the day of the event and permission must be granted by signing the Statement of Consent & Required Release.

5K Race Awards

Medal Awards for TOP THREE Male & Female Runners

For each of the following age groups:



11 & under

12 - 17

18 - 25

26 - 35

36 *-* 45

46 - 55

56 - 70

71+

*What's a Virtual Runner? Be a part of the Shamrock Shuffle

from anywhere in the world!

- Out of town and can't participate?
- Not a Runner or Walker?
- Too cold, but still want to be part of the race?
- Want to make a difference with a donation?

Become a Virtual Runner ...

Race the Shamrock Shuffle in spirit while supporting your local community. Be part of the TEAM for your charity. Your registration matters! **Virtual Runner option does not include a t-shirt.

Shamrock Shuffle Weekend Events

Friday Evening

4:30 p.m. - 7:30 p.m.

Pre-Registration Dinner

Silent Auction & Basket Raffle

Enjoy Dinner & Pick-Up Your Race Packets Silent Auction Opens at 4:30 p.m.

Corned Beef & Chicken & Fish Dinner

Join us for your choice of corned beef, chicken or fish with all the fixings. Served by 4-H Club Members. Served until gone.

\$10 Adults \$5 Kids 11 & under

Tickets available at the Door

Basket Raffle Tickets - \$1 each

Saturday Morning

8 a.m. Race Registration Begins

8 a.m. - 9 a.m. Photo Booth

9 a.m. RACE STARTS

10:15 a.m. Race Awards

10:30 a.m. Auction & Raffle Closes

Race Map

The Shamrock Shuffle 5K Run/Walk will start and end at the Cambria Fire Station located at

702 Elizabeth St. (also Hwy 146) Cambria, WI 53923



Costume Contest

Wear your "Lucky Charms" Costume Contest!

\$50 Gift Card

for BEST racer outfit showing green & gold!



